



# **Boys Basketball League**

# **Game Rules**

### A) GOVERNING RULES:

**National Federation High School** rules govern play except where these supplemental rules indicate otherwise.

## B) **GAME TIMES:**

- 1. (2) 20-minute halves with a running clock. Exception; the game clock will stop on dead ball situations during the final minute of the first half and final 3 minutes of the 2<sup>nd</sup> half, UNLESS POINT SPREAD is 20+ (2<sup>nd</sup> half only).
- 2. 4 minute half time.
- 3. **NO GRACE PERIOD** Teams not able to play at the scheduled start time will forfeit.

## C) **OVERTIME:**

- 1. **2-minute period (stop clock last 1 minute).**
- 2. If the score is still tied after one overtime period, the game will be decided by a **sudden death period**, **ending when one team scores** (to include a free throw). During playoffs, the championship game will play 1-minute stop clock in place of sudden death for extra overtime periods.
- 3. 1 (60) second time-out per team. No accumulation of timeouts for overtime use.
- 4. Jump ball will determine possession.

## **D) FULL COURT PRESSURE:**

Allowed, **UNLESS POINT SPREAD is 20+.** If score goes under 20 points, full court pressure will be allowed again. **Violation(s)**; **1**<sup>st</sup> **time**) warning, **2**<sup>nd</sup> **time**) technical foul(s).

#### E) TIME OUTS:

- 1. 4 (60 second) time-outs may be charged to each team during a regulation game.
- 2. Each team will receive one (60) second time-out in the case of overtime.
- 3. **UNUSED** time-outs accumulate and may be used at **ANY TIME**.

### F) TEAM FOULS:

- 1. On the **7**<sup>th</sup> team foul per half, opposing team will shoot "**1 & 1**".
- 2. On the 10<sup>th</sup> team foul per half, opposing team will shoot "2" (double bonus).

#### **G)** PLAYER FOUL LIMIT:

A player is **DISQUALIFIED** from the game upon receiving their 6<sup>th</sup> FOUL.

## H) INTENTIONAL FOUL:

(2) free throws and possession of the ball to the opponent.

(Game Rules Continued on Back Side)

## I) FREE THROWS:

- 1. Player(s) on the marked lane space may **ENTER** the key area on the "**RELEASE**".
- 2. Player(s) NOT on the marked lane space MUST wait until the ball hits the rim before entering the key area.

## J) UNIFORM REQUIREMENTS:

- 1. Team participants MUST wear **SIMILAR COLORED JERSEY'S** with a number on the front or back. **Violations will result in non-participation.**
- 2. A maximum of (1) player, per team, will be allowed to wear a jersey without a number.
- 3. Shorts with pockets are allowed and do not have to match the game jersey.
- 4. Hats and bandannas are not allowed.
- 5. **Jewelry is allowed unless**, in the staff's judgment, it's dangerous to other players.

**Penalty**; any violation to the uniform requirements will result in a maximum of (1) administrative technical foul charged to a team. Violation(s) are at the discretion of the basketball staff.

## **K) MINIMUM PLAYER REQUIREMENTS TO BEGIN PLAY:**

(4) players. Less than (4) players will result in a forfeit loss.

## L) TECHNICAL FOUL PENALITIES:

All technical fouls result in (2) points and possession of the ball to the opponent.

1. PLAYER and/or COACH: PENALTY:

a) 1st Unsportsmanlike Technical Personal and team foul

b) **2<sup>nd</sup> Unsportsmanlike Technical** Immediate ejection & team foul c) **Flagrant Technical** Immediate ejection & team foul

2. **TEAM:** 

a) 3<sup>rd</sup> Unsportsmanlike Technical Foul Immediate game forfeiture

charged to a team.

b) Administrative Technical Team foul

#### **NOTE:**

A coach ejected/disqualified from a game must leave the facility, within a timely fashion, or risk further discipline & the game declared a forfeit.

## M) TECHNICAL FOULS:

- 1. **UNSPORTSMANLIKE** technical fouls will be assessed for disrespectful behavior towards the game official(s), opponents or spectators.
- 2 **FLAGRANT** technical foul is a technical foul which displays **unacceptable or abusive conduct** such as; striking, kicking, kneeing or undercutting a player already in the air. It may or may not be intentional.
- 3. **ADMINISTRATIVE** include uniform violation(s) and excessive time-outs.